

Healthy Breathing Activity Book!



As part of the He Kura Asthma Study, your child will have brought home or will soon be bringing home a Healthy Breathing and Asthma Activity booklet. This resource is filled with fun activities for your whānau to do together and includes information and links for parents and caregivers. The booklet will not be marked and does not need to be returned to school. The study team would love to know how you and your whānau found this resource. Please fill in our online survey for each child (see page 12 of the booklet) and go into the draw to win a \$50 grocery voucher!

