



St Claudine Thévenet
School

Week Six Term One Monday 7 March 2016

Obstacles, of course, are developmentally necessary: they teach kids strategy, patience, critical thinking, resilience and resourcefulness.

Naomi Wolf

Dear Parents and Caregivers,

Our focus for next week is resilience. This is a really important skill for students to develop. Life is not always easy and we want our students to be able to face challenges, persevere and reach their goals. Developing resilience ensures they are able to face obstacles with a positive mind-set as this quote suggests:

“Resilient people immediately look at the problem and say “what is the solution to that? What is this trying to teach me?”

Take some time this week to talk about how you are able to face challenges and what changes you need to make to help you get through... Your advice and example is a very important model for your children.

We all experience times when we are struggling... our struggles may be very different but we all have them. When children struggle it is really important for us as adults to provide support for them and to offer them a chance to think about or even talk about what it is they are struggling with.

At school we have a social worker/counsellor – Trish Heward. Trish works for Catholic Social Services and is available every Wednesday at school. There are three ways our students can get a chance to talk with Trish

- 1) Teachers can refer them – this usually happens if a child is struggling with things at school – relationships, classroom environment or personal things they have shared with the teacher.
- 2) You- parents and caregivers can refer them- If you think it would be good for your child to talk to someone about something personal they are struggling with – just call the office and ask for your child’s name to be put on the visit list.
- 3) A child can self-refer. We have students who ask for a chance to talk to someone independent. This is often a great thing as it ensures the teacher- student relationship is maintained and gives the child the privacy of independent advice.

Trish is more than happy to work with parents and children and will support any families who may be struggling. She is well experienced and a well-respected member of our school community.

Each person holds so much power within themselves that needs to be let out. Sometimes they just need a little nudge, a little direction, a little support, a little coaching, and the greatest things can happen.

Pete Carroll

Have a great week
Sue Jury

SPORT

We have had another great couple of weeks with our students having the opportunity to attend the Year 3 Fundamental skills event and our Year 4-6 athletics team participating in the Inter-school events. This team was very successful and won four out of the 6 relays. The certificates for all winners will be sent to the school and will be distributed to our students.

Our Year 3/4 are gearing up for the Rippa competition next Tuesday...and our 5/6s the week after along with our Year 7/8 athletics team heading to participate in their interschool event.

For the next four weeks we are lucky to also have basketball coaching. Terry is working with the Year 5-6 to improve their skills and teach the game.

The school receives money from the Ministry of Education to support the development of sport in schools and this helps us provide so many sporting opportunities for our students.

A reminder that ALL students from Year 3 - 8 are required to have their own PE shirt... students sharing shirts or not bringing them to school means their opportunities to participate may be limited. Please make sure your child has their PE top in their bag – EVERY DAY

Health Information Form

Included in this newsletter you will find your child's health information form. Please check the details and correct as necessary.

It is very important we have the correct information for every child in the school.

This is also a great opportunity for us to ensure we have an email address for each and every family. We would like to be able to send the newsletter out this way rather than using so much paper ... it would also save you having to rely on your child or their teacher to make sure you get it ...

Please return the form as soon as possible. Once the form is returned to your child's classroom teacher you will receive an entry into the draw for \$100 gift card.

Board of Trustees 2016

Survey – included in this newsletter is a newsletter from the Board of Trustees. We would like to find out what you think we could do to make our playground and outdoor areas more interactive for our students. Your ideas will help us make plans for the development of the outdoor area. We would also like to know what skills you are willing and able to offer us as we begin to plan these developments.

Please fill it in and return it to school by Monday 14 March – each returned survey will go in the draw to win a \$100 gift card.

PERSONAL CHANGE:

Our focus for term one is personal change. This focus looks different in different areas of the school. The juniors have been looking at how they have changed since they were little and are surprised to see that many things change as they move from preschool to school.

In the middle areas of the school they have been looking at how they change physically – height, weight, hair, facial features. They are aware that there are stages of their life when they grow more rapidly than others.

In the senior school they are planning for their focus on personal change. This is an age where students are beginning to enter adolescence and it is important that they are supported in their changes and that they are aware of the changes that will occur at this time.


What is important for you as parents and caregivers to know is that all of our health topics such as personal change are grounded in the teachings of the Catholic Church. This is evident in these achievement aims:

Children will understand:

- The purpose of God's gift of life
- That people are unique and gifted and God dwells within each person
- That people need to be in relationship and this involves communicating- giving and receiving
- The commandments and guidelines for Catholics will help them make free and informed choices
- That tapu restrictions are put in place to maintain the dignity of people and to protect their intrinsic tapu- their very being
- That life is a journey, Te Wa, with various stages in which people are challenged to grow to their best selves and to become more Christ like.

Talking with your child and affirming them will ensure they feel supported and loved.

Our next two weeks in view:

Monday	Tuesday	Wednesday	Thursday	Friday
7 Student Council 10.am	8 Yr 3-4 Rippa Tournament	9	10	11 Culture Group 11.30 Team Singing 1.45pm
14 Student Council 10am	15 Yr 5/6 Rippa Yr 7/8 Athletics	16	17 Happy St Patrick's Day! 	18 Kawahaka – 11.30 Assembly B1 1.45

COMMUNITY NOTICES

Year 4-6 Interschool Athletics

On Tuesday 1st March we took a team of 49 students to compete in the Wainuiomata Primary Schools Year 4-6 Athletics meet at Wainui High. All of our students performed to the best of their ability and many of them came in the top three in their respective events. The students were selected for individual events after trials at school during the School Athletics and PE to find out the best athletes in each event.

The highlight of the day was the relays. There were 6 relays in total one for each year group and St Claudine's came first in 4 of them and second in the other two. A fantastic achievement !!!!

Special thanks goes to those parents/grandparents who looked after each of the year groups on the day. - Arihia, Patrick, Maria, Kalani, Oge, Carissa, Joanna and Brendan. We couldn't have managed without your input. *Mr Mac*

FUN DAY/Registrations for Football

If you are 4 to 12 years old and want to play Football we are holding a Fun day.

SUNDAY 13th March 3.00pm to 5.00pm at Richard Prouse Park Clubrooms.

There will be some skill sessions and small sided games for kids to experience the game of football.

Any Questions please contact: Adam or Leanne Smith on 970-3174 or 027 2291967 or email alsmitty@paradise.net.nz

WAINUIOMATA GOLF CLUB – FREE JUNIOR GOLF LESSONS

Each Monday from 5pm to 6pm until 4th April 2016. This is an invitation for students aged 8yrs & above.

Enquiries – please phone 564 7746 or email: wainuigolf@xtra.co.nz

COMMUNICATION 2016

Communication is a very important part of our relationship with you. Below are the three forms of communication we use...

- Email – if you wish to receive communication via email please ensure the office have your correct email address. We are able to send all newsletters and notices via email
- Website – www.stclaudine.school.nz – this is in the process of being updated for the 2016 school year.
- Our school App – this is downloadable from the app store – if you already have the app you will need to update this for 2016 as there are some things which have been updated for ease of use.



We post updates and messages on our school Facebook page along with celebrating special events our students and staff are involved in.



Thanks for your continued support.